

26th Welsh Athletics Inter Regional Cross-Country

Regional Team Scores

Saturday 29th November 2025

Dolerw Park, Newtown



WELSH ATHLETICS
ATHLETAU CYMRU

	East Wales	North Wales	South Wales	West wales		East Wales	North Wales	South Wales	West Wales
U13G	13	14	15	12	U13B	12	14	15	13
U15G	12	13	15	14	U15B	13	6	15	14
U17W	6	6	15	14	U17M	14	15	13	4
U20W	1	15	3	3	U20M	14	13	15	12
SENW	15	5	14	4	SENM	14	13	15	3
MW35	14	15	13	3	MM35	15	13	14	12
MW45	15	13	14	12	MM45	14	12	15	13
MW55	15	14	12	13	MM55	15	14	13	12
MW65	2	14	1	15	MM65	14	13	12	15
Totals	93	109	102	90	Totals	125	113	127	98

FEMALE OVERALL			MALE OVERALL		
1	North Wales	109	1	South Wales	127
2	South Wales	102	2	East Wales	125
3	East Wales	93	3	North Wales	113
4	West wales	90	4	West Wales	98

OVERALL WINNERS		
1	South Wales	229
2	North Wales	222
3	East Wales	218
4	West wales	188